the defeat yesterday pretty badly," said the manager. A few missed chances left the door open for Kerry to score the only goal of the game midway through a fine save from Kerry goalkeeper, Declan O'Keeffe, on 20 minutes to prevent Colm Hickey of Caherconlish from rattling the All-Ireland champions'

ers were competing for every ball right up to the final whistle against Kerry. A similar performance against Westmeath could see them deservedly prolong their season.

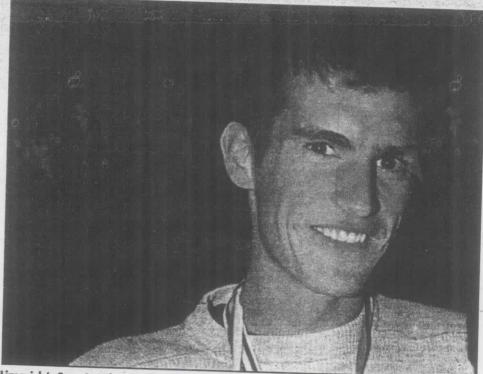
## Sam strikes gold in World cup in Spain

LIMERICK rower, Sam Lynch, added to his significant tally of international achievements when he won a gold medal for Ireland at the World Cup regatta in Seville on Saturday. The St Michael's Boat Club member avenged

defeat by Michal Vabrousek of the Czech Republic in the World Championship in Zagreb last year, passing both him and Italy's Stefano Basilini to take the winners' podium position.

Currently studying med-

icine, Sam Lynch is now concentrating on taking the gold medal in the lightweight single sculls at this year's World Championships in Lucerne having been disappointed at taking only silver at the same event last year.



Limerick's Sam Lynch who won a gold medal in Saville

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