

Southside Gymnasium

www.southsidegymnasium.com



Breda Deedigan

We have sessions from 9.30-10.30, 11-12, 12-1, and 2-3 Monday to Friday. Family, 2 Adults and Children €5.00. Adults €2.00 and Children €1.00 for these sessions only

Lifesaving Awards

We are delighted to present awards at the following levels for our water safety classes which took place before the summer. Students were successful in Safety 1, 2, 3, 4, & 5, Endurance and Rescue 1. Congratulations to all the successful students, award winners will appear in our column in the very near future. Lifesaving is such a vital skill for everyone; we start our classes from 12 years of age upwards. If you have children who may be interested please ring up and put their names down now as places will be very limited. We run classes on a Saturday morning and some weekdays. We will be commencing classes in September.



Southside Gymnasium

Phone: 061 410310 / 410416

Classes

Water workout designed to work all the ages and abilities: **Tuesday 8.00-9.00 pm.**

Swimming Course

Advanced €50.00 10 day course.

Limerick's Frank made Croke Park possible

To be honoured in his native Ballylanders

THE county Limerickman who donated a plot of land to the GAA at Jones Road, Dublin, almost 100 years ago, is to be remembered in his native parish of Ballylanders this month.

That plot of land is now Croke Park, arguably one of the finest stadia world-wide.

It was all made possible by Frank Dineen, a former president and secretary of the GAA, and who founded Ballylanders Shamrocks GAA club in 1886.

A plethora of tributes will be paid to Dineen by the top brass of the GAA at a special conference organised by his native GAA club in Limerick.

Dineen is the only man to hold the distinction to serve as both president (1895-1898) and secretary (1889-1901) of the GAA.

He is best remembered as the man who purchased Jones Road in 1908 and donated the site to the GAA for free, in 1913, which has developed into the organisation's headquarters.

Next month's conference to take place in Ballylanders, Co Limerick is entitled, 'The birth of Croke Park in the Ballyhoura mountains'.

Beginning on August 14, the conference is one of the highlights

of Ballylanders week long Pattern Festival.

Historians will recall Frank Dineen and his input on the GAA at the event, opened on Friday by Michael O'Muircheartaigh, and will be addressed by Martinstown Historical Society who are bringing three historians, Larry Ryder, Tony



Frank Dineen

O'Donoghue and Dr Cyril White.

This conference will continue for the day and will feature issues of history on Frank B. Dineen and the GAA, and the relationship between Croke Park and Ballylanders.

A specially commissioned plaque in honour of the Limerickman will be unveiled by current

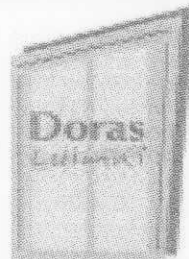
GAA President, Christy Cooney, on the gable wall of McDermott's pub on August 15.

This will start a day full of GAA celebrations for Frank Dineen's club. As well as the plaque unveiling, the local GAA pitch will be transformed into a mini-Croke Park complete with All-Ireland final atmosphere, with the Liam Lynch pipe band. Underage members will tog alongside some of the club's and Limerick's most recognised GAA stars and the festivities will conclude when Christy Cooney closes the once-off conference.

Ballylanders's GAA club, in conjunction with one of the country's best GAA historians, Harry Green-smyth, are launching a 140-page book about the life and times of Frank B Dineen.

Further information on the event can be gained from www.ballylandersgaa.com.

Comedian, Brendan Grace, will host a comedy evening in the specially erected marquee on Thursday, August 13. A unique attraction to the festivities is the 'World of Woman evening' which will be hosted by Pamela Flood of RTE's 'Off the Rails' programme. The show hosts an array of fashion events, all designed and catered in mind for the modern woman. The youth of the locality will be catered for on the Sunday night from 7.30pm to 11.30pm, August 16, with an alcohol free night.



Doras Luimni is a non-governmental organisation based in Limerick City that facilitates a range of services and activities to promote and protect the rights of asylum seekers, refugees and migrant workers, while encouraging integration.

We invite applications for the following positions:

Receptionist/Administrative Assistant (part-time)

We are seeking to appoint a Receptionist/Administrative Assistant (part-time) to provide a range of support services to staff and clients of Doras Luimni that will ensure the general administrative systems are operating effectively and efficiently.

Caseworker Internship

We are seeking to appoint a Caseworker Internship for a 6 month period. The rôle is to provide information, advice and advocacy support to asylum seekers, refugees and other migrants who contact Doras drop in centre.

Qualifications & Experience

Please see individual Job Descriptions and Persons Specifications, however, the following will apply to both positions: