

## Entertainment

LIVE

### The Flag Listeners showcase new material this Friday 6

THE Flag Listeners/ ex-Toucan dance frontman Eamonn Hehir formed The Flag Listeners in order to play music from his solo albums. But the band rapidly outgrew that brief, developing a distinct band sound that culminated in the release of the album 'and other short stories' in October, 2017.

The album was launched to a packed house in Dojan's Warehouse.

Hot Press magazine's Stuart Clark gave the album a glowing review, calling it a "songwriting masterclass from Limerick's finest." It has since received extensive airplay from Tom Dunne, Paul McLoone among others.

The Flag Listeners play The Record Room, Commercial Bar this Friday March 6.

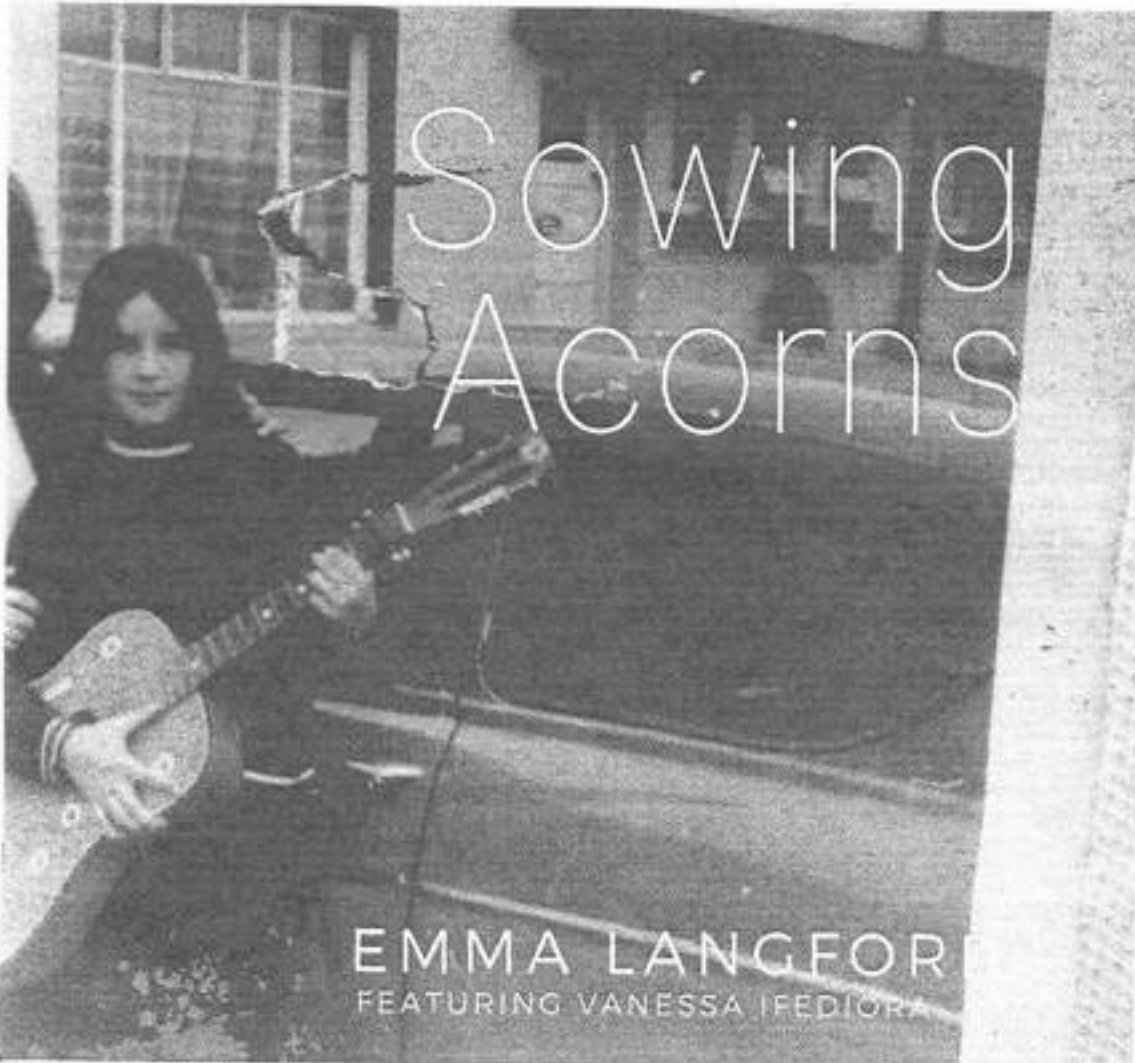
As well as familiar songs from the albums and live set, expect to hear lots of new songs currently being rehearsed and demo'd for the next album.



The Record Room this Friday March 6.

NEW MUSIC

### Emma drops title track of her second album



EMMA Langford's new single, featuring the words and voice of Vanessa Ifediora, is out now. The song 'Sowing Acorns' is also the title track of Emma's second album due for release in September.

Emma worked with Grammy-nominated The Production Suite (Chris O'Brien and Graham Murphy) on her debut album 'Quiet Giant' and returned to their studios for the new LP.

The Limerick singer-songwriter credits O'Brien and Murphy for transforming a simple lullaby into an epic "hands-in-the-air style anthem" that builds to a powerful chorus, supported by layered vocals and drums.

"The track started out small - I wrote it to try and calm myself. I was feeling trapped and exhausted and like I was mentally spiralling because I couldn't sleep, and when I did it was restless and disturbed by fever dreams," she says of the song's origins.

"But when I brought it to studio, I knew I wanted it to be less understated, and to have a sense of drama."

'Sowing Acorns' features the speaking voice of Vanessa Ifediora reading her poem 'Off-White Sheets' over Emma's gentle finger-picking before building to a powerful chorus.

Vanessa's poem, sampled in the track, draws on her experiences of a condition called 'Maladaptive Daydreaming' and was published in March 2019 in her first book 'Off-White Sheets.'

This was a collection of images and poems detailing her anxieties surrounding recovery from depression.

Expect an official music video, and a remix by Belfast-based electronic/ ambient artist Arvo Party soon. The track is also available on all streaming platforms.

<https://emmalangfordmusic.bandcamp.com/> to purchase the single or pre-order the album.

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