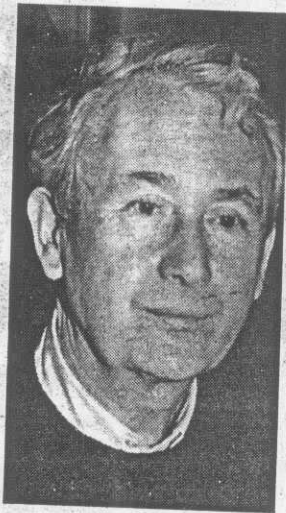


Author of Ashes on the menu at city lunch

AUTHOR Frank McCourt will be the keynote speaker at this Friday's inaugural Marketing Institute Mid-West Region annual chairman's lunch in the Castletroy Park Hotel.

New York-born Frank McCourt came to Limerick in his early years and experienced what he describes as a miserable Irish Catholic childhood.

With the completion of his memoirs in Angela's Ashes Frank McCourt has created what the Sunday Times called "an astonishing book, completely mesmerising, you can open it



Author, Frank McCourt

almost at random and find writing to make you gasp". The success of the book

has had a profound effect on Frank's life but what has it done for the image of Limerick? If you want to hear what Frank has to say, don't miss this lunch.

Tickets for the event are priced at £20 per person and include a four-course lunch with wine and a chance to get your copy of Angela's Ashes signed by Frank McCourt himself.

The lunch is the first in a series of public events by the Marketing Institute for its members and others interested in promoting good marketing practice in the Mid-West during the coming year.

To book a place, Freefone 1800 330 800 or contact Anne O'Toole at 086 253 3683 immediately.

Moyross information day on smokeless fuel

By **LAURA RYAN**

MOYROSS is one of the areas of the city soon to become a smoke free zone when the ban on smoky fuel comes into effect on October 1.

Because a lot of uncertainty exists on what type of fuel can and cannot be burned, the Moyross Action Centre are hosting an infor-

mation day in the Community Centre next Monday, September 21, from 10am to 4pm. This is a follow up day to the last information day the centre had that was run in July.

There will be a range of information providers there to inform people about the implications that the new smoky fuel ban will have and also the options open to households in Limerick.

Stands from Board Gais, Limerick Corporation, various fuel companies and the ESB will also be there to advise and help people with queries.

Everyone from around the city is welcome to attend on the day for a cup of tea and a chat from the various fuel providers.

The Moyross Action Centre can be contacted at 326057.

Red Cross can show you how to save a life

MOST of us at some time have come across a minor incident or accident which could be dealt with quickly and easily if only we knew how.

It could be something as simple as a wasp sting or a minor cut but knowing how to deal professionally and calmly with a situation could save someone's life.

Limerick Red Cross Society offer training courses throughout the year in basic first aid and intermediate first aid. Classes for this term

begin later this month and enrolment begins in the Red Cross Hall, Cecil Street on the following dates:

Basic first aid: Tuesday, September 22/Friday, September 25, at 8pm. Intermediate first aid: Thursday, September 24, at 8pm.

Cadet training, under 16, Saturday, September 26.

For further information on Red Cross courses, or to arrange an in-house training course for work, contact 318580.

Time to throw the dart

LIMERICK County Darts Organisation start off their new season by holding the first county trial this Sunday, September 20, in the CIE Sports and Social Club, Carey's Road.

New members and players are invited to attend the trial where eight new boards will be available for players to use.

A large selection of dart items, including tungsten darts and boards will be available for purchase on the day.

The city darts organisation season also starts soon and all new pubs are welcome to participate.

Further information can be got from "Mr Darts" Tony Hickey at 061-310633.