밀

RESH WOOD

PHEASANT .

FRESH VENISON • FRESH

**ESH RABBITS** •

RESH WILD GAME

# Angela's Ashes: A Musical tickets go on sale



Coming to Limerick: Cara Nolan, producer, Paul Hurt, writer, Adam Howell, composer and Una Heaton, curator, of Frank McCourt museum, by the author's bust, as they prepare to launch the show. Picture: Adrian Butler

# Frank set to sell out show

TICKETS to see Angela's Ashes - A Musical for the first time in Limerick will go on sale today.

After its debut in Derby in England last year, a cast of 45 will be bringing the musical production to the Lime Tree theatre in Mary Immaculate College for five performances from July 17.

The performances, which have been lauded by the McCourt family who saw the show last year, will coincide with the fourth anniversary of the author's passing.

Gillian Fenton, marketing manager at the 510 seater theatre, expects all five performances to sell out, with keen interest already coming in from fans of the author in America, and the UK.

Ms Fenton said they are "de-

lighted to offer a show like Angela's Ashes: A Musical to our Limerick patrons. "The variety of events in our programme is working well since we opened last September, but Angela's Ashes is something close to Limerick people's hearts," she said.

ANNE SHERIDAN

**News Reporter** 

Adam Howell, who produced the music and lyrics for the show, said it's "a dream come true" to bring the production to Limerick, as he has been working on this project for the past 11 years.

Mr Howell, whose family hail from Cork and Trim, said there is great excitement amongst the cast and crew in bringing it to the author's home made famous in his 1996 memoir.

The performances will run from Wednesday, July 17, to Saturday, July 20.

Its staging in Limerick will be officially launched today in the Frank McCourt museum on Hartstonge Street - a homage to Limerick's only Pulitzer Prize winning author in his former school, Leamy's.

Collaborator Paul Hurt adapted the book into a script, which has been condensed to two acts of 80 minutes each. It has been produced by UnContained Arts and Theatre Works, both of which are based at Derby theatre.

Tickets are priced at €23 and €21, while tickets for the opening night at priced at €15.

Help for diabetes sufferers

AS MORE people are being diagnosed with diabetes, the services of the Health Service Executive are being "overwhelmed and are struggling to cope" with the number of patients seeking treatment, according to Diabetes Ireland.

The national group will hold their spring meeting in the Castletroy Park Hotel on Sunday, April 14, and aims to discuss the importance of good daily selfmanagement, and help patients manage their condition more effectively.

"Most diabetes patients are

**News Reporter** 

very good at taking their prescribed medications but many don't appreciate, or choose to ignore, the importance of healthy eating and regular exercise as part of their overall management of diabetes.

"I know it's hard but the reality is that people with diabetes need to look after themselves every hour of every day," said Dr Anna Clarke, Diabetes Ireland.

Speakers on the day include Professor Clodagh O'Gorman, consultant paediatric endo-

crinologist, Limerick Regional Hospital who will be speaking on the difference between Type 1 and Type 2 diabetes management from a patient perspective.

Dr Corneilius Cronin, consultant physician, St John's Hospital, Limerick, will address steps patients can take to optimise selfcare and avoid developing diabetes complications.

Also speaking will be Health Services Executive podiatrist, Carmel Devine on the importance of patients checking their feet on a daily basis, amongst other speakers.

FRESH WILD GAME . FRESH RABBITS



Try our DELICIOUS Stuffing: **Bread Stuffing • Potato Stuffing • Sausage Stuffing** 

#### DAILY SPECIALS:

Tub of 30 Large Chicken Fillets	only €30
Backs of Bacon	€14.99 each
Fresh Rabbits Daily	
5lbs Back Rashers	€11.99
4 Chicken Marylands	€4.99 each
Cured Ox Tongue	€4.99 each
Oven Ready Phesants	€7.99 each
Peppered Chops	€0.60 each
Trays of Lamb Chops	€5.99 each
Home Cured Bacon	
Fresh Duck Breast	€3.50 each
Lamb Shanks	€2.99 each
Large Fresh Pork Steaks	€4.99 each

## FAMILY BOX:

1 x Stuffed Chicken 4 x Chicken Fillets 11b of Mince 6 x Burgers 10 x Portions of Chicken 1 x Honey Roast Bacon or 1 x Roast Pork



11b of Liver

ALL FOR ONLY

### Tel: 061 414102

**6 Upper William Street, Limerick** Also Setrights Cross, Cratloe Tel: 061 357888

FRESH RABBITS . FRESH VENISON

RESH PHEASANT FRESH FRES 110 MALLARD 5 RES GRO