# Former mayor and noted educationalist tells all in new book

THE colourful and eventful life of well known Limerick man, Tony Bromell was launched on Wednesday by Professor Kieran Byrne.

The launch took place in Mary Immaculate College, where Mr Bromell was head of education for over 30 years, having previously taught at Limerick CBS.

Rian mo Chos ar Ghaineamh an tSaoil (My Footprint in the Sand of Life) chronicles Bromell's political life, his home life and his involvement in education over the last 40 years.

The author has left his mark on his home city, where he has played a leading role in the development of education and was one of the founding members of the pressure group established in 1958 to campaign for a university for Limerick, which happily resulted in the establishment of the NIHE in 1970, and eventually in the establishment of the University of Limerick.

Tony Bromell was chairperson of the VEC in 1973, when the College of Art, Commerce and Technology (now Limerick Institute of Technology) was established and he was registrar in Mary Immaculate College for almost 30 years.

Bromell has also been busy in political spheres. He spent 17 years as a member of Limerick City Council, and was Mayor from 1982-3

Also heavily involved in education in Limerick, Professor Kieran Byrne was Head of Education at Mary Immaculate College for 10 years and Dean of Education at UL from 1994 to 2001. He also served two terms as Vice President of Academic Affairs and is now Director of



**Tony Bromell** 

Waterford Institute of Technology.

Rian mo Chos ar Ghaineamh an tSaoil is published by Cló Iar-Chonnachta and is available in bookshops and from www.cic.ie

# Junior Chamber moves to swell their ranks

AN opportunity for young people living in Limerick to meet up with others in the same age bracket and become involved in a programme of local events, presents itself on Wednesday, September 27, when Junior Chamber, Limerick, holds an open night to entice new members into its organisation.

Suzanne Corcoran, national president of Junior Chamber Ireland, will be the guest speaker and everyone is invited along at 8pm.

"We are a voluntary international organisation open to individuals from all walks of life and we provide a platform to meet individuals of similar age and interests", said a spokesperson for Junior Chamber.

"We provide an active sports and social programme, we organise charity fundraising events, involve ourselves in public speaking and debating, travel, have weekends away, community projects and we

hold comprehensive training programmes, self-development and networking for members who also travel to other branches and have the opportunity to meet fellow Junior Chamber members both nationally and worldwide. This November we're travel-

ling to Tallin, Estonia and Korea," she said.

The Junior Chamber organisation has over half a million members worldwide.

Further information on Junior Chamber Ireland, Limerick on email: juniorchamberlimerick@eircom.net or log on to www.jci-ireland.org
Junior Chamber
Limerick meetings are
held on the first
Wednesday of each
month in Pery's Hotel,
Glentworth Street, at
8pm. New members
are welcome to come
along to any of the
meetings.



## Lose weight / Stop Smoking in | Hour As Seen on TV

#### LOSE WEIGHT

The approach here is positive and simple. You'll want less, you'll eat less... You'll lose weight. And you'll do it without injections, diets, pills, calorie counting or pre-packaged foods. With this programme you'll find yourself automatically declining the fattening foods without the feelings of denial and deprivation that diets bring. Our four session WEIGHT LOSS programme makes weight loss an easy, enjoyable and successful process So sit back, relax and let the pounds and inches melt away.

### STOP SMOKING IN I HOUR

After this programme you'll say a permanent goodbye to cigarettes and a resounding hello to health, vitality and longevity. All without aversion therapy, disgusting gum, patches, cravings, withdrawal symptoms, weight gain and without using will power! Because of our unique approach to this often difficult problem, we succeed where other smoking cessation programmes fail. Our impressive success rate is attested to by thousands of happy, healthy, ex-smokers. So sit back, relax and declare your freedom from the weed!

www.readysteadystop.com

