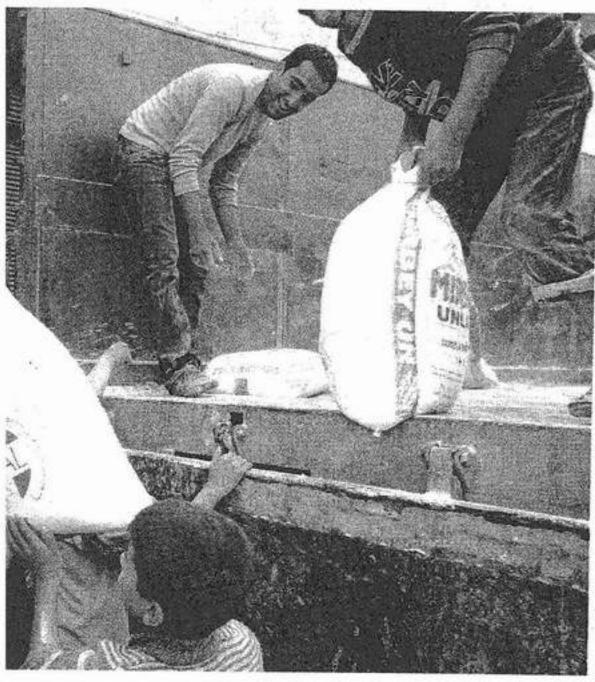
## g GOAL post



ng a recent visit to war-torn Syria



The late George Cierans from Janesboro, pictured here in Zimbabwe, was a long-serving and much-loved member of the team at GOAL

GOAL through Jersey Day, which is coming up again on October 11".

That fundraiser involves people wearing club or county jerseys to work or school although Mr Andrews concedes Limerick jerseys might be "impossible to come by" if we get the right result on the first week of September.

While the country is in

difficulty, the important thing for GOAL is to maintain participation.

"We met a guy who is doing a run in Doneraile and while the number of people taking part has gone up, the amount of money brought in has actually gone down. But you've just got to say alright and respect that. There's no point in trying to squeeze blood from a turnip."

## History of local family who made their mark on three continents outlined in new book

AINE FITZGERALD

A NEW book tracing the history of a family from east Limerick who made their mark in three continents will be launched on Saturday, August 10 in The Swans Bar, Grange.

A Limerick Family: The Lundons at Home and Abroad, is the first book penned by Michael Lundon who was anxious to find out more about his family's rich history.

"I'm not a great writer or anything like that but I have been collecting family material for years and about six months ago I got in touch with Marjorie Quarton about the book," Michael explained.

Marjorie, who is a writer based in Tipperary, assisted Michael in his research and also guided him on how to structure the book.

"She edited it and helped me with paragraphing and linking chapters and that kind of thing. She also went into newspapers of the time like the London Times to see if she could add a little bit here and there."

The 97-page publication details how the Lundon family left for New Zealand and the US where members of the family became politicians, barristers, bank managers, and engineers. One of them was a pioneering missionary priest who founded at least three churches in Iowa, USA.

Meanwhile, the Lundons who did not emigrate were making themselves noticed in their home country where William Lundon and his son Thomas between them were MPs in the House of Commons, Westminster for 19 years.



The cover of Michael Lundon's book, A Limerick Family: The Lundons at Home and Abroad

The book contains many little know facts about the family who made their mark in three continents during a time which included the Famine years, the Fenian Rising and The War of Independence in Ireland.

"It is about the Lundon family right back to Norman times. It is an unusual name so it was easy enough to trace," Michael explained.

"I had been collecting material for a number of years," continued Michael who finally decided to pen the book around six months ago.

"I was saying that if I don't get this into print soon, somebody is going to catch it all and throw it in the dustbin - even though I have been collecting material for years and years, the next person who comes along might not be that interested."

The book will be launched in Michael's bar, The Swans, Longfordbridge, Grange, Bruff at 7pm on August 10.