

KEANE

ocent

g

started the car and
omewards but as
ceeded into the
side he made an
ion which the son
r me.

id the father to the
u will look at my
will see that it has
h or break saving
which has never
any harm and
a danged sight
in two warts or a
ose. The reason I
other mark is
saw my father get
of a fist as he was
a row at a football
saw the man who
n but I bided my
I knew the world
k up with him
did, for he was
nless outside a
l some time after."

s the moral?" the

's no moral," said

"except that you
oken nose and I

ee, gentle reader,
ardly it is to play
of innocent

r. Just as the
th is attracted to
so is the innocent
attracted to areas

le. Innocent
s are frequently
United States of
and in other less
states they are
o by police and
il. These police
that innocent

rs are not as
s they look or as
d to be.

orget it altogether,
perhaps recall an
which may be of
fit to the reader.

opened that it was
ght of Listowel
k which is also
of the All-Ireland
Championship.

managed to see the
prisoners before their
execution, described Conn
O'Rourke as young, good-
looking and soft-spoken —
he was then about 30 years.

On or about August 13,
1579, Patrick O'Hely and
Conn O'Rourke were
hanged on a little mound
called Corchta, outside the
old town walls of

Mountains, and
elcomed the
Sullivan Beare
followers to his

O'Hely and Fr. O
led for Ireland
tany in the
1579 and landed
Disguised as
ey planned to

managed to see the
prisoners before their
execution, described Conn
O'Rourke as young, good-
looking and soft-spoken —
he was then about 30 years.

On or about August 13,
1579, Patrick O'Hely and
Conn O'Rourke were
hanged on a little mound
called Corchta, outside the
old town walls of

Mountains, and
elcomed the
Sullivan Beare
followers to his

O'Hely and Fr. O
led for Ireland
tany in the
1579 and landed
Disguised as
ey planned to

managed to see the
prisoners before their
execution, described Conn
O'Rourke as young, good-
looking and soft-spoken —
he was then about 30 years.

On or about August 13,
1579, Patrick O'Hely and
Conn O'Rourke were
hanged on a little mound
called Corchta, outside the
old town walls of

Mountains, and
elcomed the
Sullivan Beare
followers to his

O'Hely and Fr. O
led for Ireland
tany in the
1579 and landed
Disguised as
ey planned to

managed to see the
prisoners before their
execution, described Conn
O'Rourke as young, good-
looking and soft-spoken —
he was then about 30 years.

On or about August 13,
1579, Patrick O'Hely and
Conn O'Rourke were
hanged on a little mound
called Corchta, outside the
old town walls of

Mountains, and
elcomed the
Sullivan Beare
followers to his

Generous Limerick's £25,000 Somalia collection

THE Red Cross revealed this week that the people in the Limerick area had so far given £25,000 to the Somalia Appeal.

"We are thrilled with the response and are getting about £1,000 a day," explained Ann Hickey Roche, local society treasurer.

Local factories and groups are organising collections and fundraising events as the horror of what is happening in Somalia becomes clearer day by day.

So far the Irish Red Cross have spent £250,000 buying emergency food and medical supplies and sending Irish personnel to the country.

Local contributions can be made by contact AIB 9/11 Upper William Street, Limerick, account number 70657586, bank code 93-55-14, any post office or Red Cross branch.

Walk on the Wildside

Walk on the Wildside, a five-mile sponsored walk in aid of the Irish Council Against Blood Sports, will be held in Limerick on Sunday, September 27th, leaving the Crescent Shopping Centre at 2.30 p.m.

All those concerned about the cruelty involved in coursing and fox hunting are asked to join local celebrities in this fund raising event. You can obtain sponsorship cards by phoning 061/333644 (ext. 2283) between 3 and 5 p.m. week days. Anyone who collects £15 will get a free T-shirt and those who collect £30 will get a free sweatshirt.

Spillane Mass

THE Limerick friends of the late Geoffrey Spillane, well-known to Old Crescent supporters, who died in Australia lately, have arranged a requiem Mass in his memory. It will take place at the Jesuit Church, The Crescent, next Tuesday at 8pm.

Fined

JIM Keane of 25 Dromore Rise, Raheen was fined £20 at Adare Court for driving at 45mph in a 30mph zone at main Street, Patrickswell on September 19 last year.

Too fast

LARRY Lyons of 2, Dromore Rise, Raheen, was fined £20 at Adare Court for driving at 45mph in a 30mph zone at Barnakyle, Patrickswell last December.

Board pioneers health care programme for primary pupils

By DYMPHNA BRACKEN

A HEALTH education programme dealing with all aspects of children's health which was pioneered by the Mid Western Health Board was this week launched by the Minister for Health.

The revolutionary programme put together by the board's health education unit over seven years, deals with primary children's physical, emotional, spiritual, social and environmental health.

The programme, Bi Follain, was developed by the board's health education officer, Eileen O'Sullivan, from Kileedy, with the co-operation of parent bodies, teachers and health experts. It comes as a teacher manual comprised of education themes, activities and includes work-cards.

Bi Follain is the first of its kind to be developed in Ireland and is copyrighted by the health board.

Health Minister, John O'Connell, said the launch came at a particularly opportune time when the concept of the health promoting schools is coming to the fore as an issue for schools.

"This concept can provide schools with ideal opportunities to cater for the all-round development of young people and to prepare them fully for the life that awaits them outside the school gates," he said.

In preparing pupils for

life, he said, schools must demonstrate that health is important and that it really matters.

However, he added, the school cannot work in isolation in helping young people to develop healthy lifestyles and behaviours that are conducive to good health.

"It is vital that the messages which the school is trying to disseminate are reinforced in the home by means of not only parental approval but all parental example," he added.

Frequently, said the Minister people take health for granted but then as soon as they become ill it becomes an item of concern.

One very important aspect of health promoting schools, according to the Minister is the curriculum that is available to teachers to facilitate their classroom health education interventions.

He described the programme as one of the most comprehensive health education curricula for the primary school that has been developed, not only in Ireland, but in Europe.

He congratulated the health board for taking such a lead role in providing this resource for the many teachers, not only in the Mid-West, but for those throughout the country who are going to avail of this particular resource pack.

And, he said, if he was giving an award for good management and innoyate ideas, the Mid-Western Health Board would be the recipient.

Referring to Ms O'Sul-

livan, he said the board were very fortunate to recruit a person of her calibre.

"Eileen has given much to ensure that this is one of the landmarks in curriculum development in this country," he stated.

Health board chief executive, Denis Doherty, said that fundamental to the success of the board's health education initiatives and, in particular to the implementation of Bi Follain throughout the region and beyond is the need for the Department of Education to commit the necessary resources to the project.

"The most vital resource, in the case of Bi Follain, is the sanctioning of a two-day release for teachers so as to enable necessary in-service education to take place," he said.

Ms O'Sullivan said, at the outset, the project recognised that to be effective, to have the required long term, positive impact, it would have to assist teachers, at a practical level, to plan topics and schemes of work which could be implemented with ease in the classroom.

Explaining the development of the course, she said, that in 1984 a comprehensive survey of teachers' attitudes to health education was undertaken.

Later, a comprehensive survey of parents' attitudes to health education was conducted in the region.

Parents responded most positively to the proposal that a health education programme be formulated for use in their children's schools.

The structure and design of Bi Follain, she said, is unique in many ways.

"It caters for all ages of primary school children and specific programmes have been developed for each level," she explained.

Teachers will receive the appropriate programme of materials only on completion of an in-service training programme.

Throughout the coming weeks, schools in the region will be circulated with an information brochure indicating the means by which they can acquire copies of Bi Follain and avail of the in-service programme which accompanies it.

Concluding, she paid a special tribute to Liam Leland who recently lost his battle with a long illness, for his input to the project over the years.

Peadar Cremin, lecturer in social and environmental studies, Mary Immaculate College of Education, described Bi Follain as a tribute to co-operation across the professions, a co-operation, he hoped, would be matched by the between the Departments of Health and Education in ensuring that this programme reaps the benefits that it is capable of reaping.

To often, he said, materials and programmes which have been developed abroad have been put into Irish schools regardless of whether they were entirely appropriate or not.

"It is most unusual, possibly unique, that a programme is as carefully planned and structured as the present one," he said.



At the launch of Bi Follain were, from left, Denis Doherty, health board chief executive officer, Gille Jack Bourke, board chairman, Eileen O'Sullivan, education officer, and John O'Connell.