

pected to get up in the middle of the night of Saturday, May 7, and gather outside Thomond Park for the suicide prevention charity's annual fundraiser.

This Wednesday, more than 100 people were in the Strand Hotel as the charity's founder and CEO Joan Freeman

The walk begins in darkness at 4.15am, with people clad in yellow tee-shirts walking or running a five kilometre route while dawn is breaking.

Last year's event attracted over 100,000 participants in over 80 locations across Ireland and abroad. This in-

erick for your continued support. Your courage, vision and generosity has helped to change the dialogue around suicide and self-harm and allows Pieta House to bring hope to over 5,000 people every year."

This year's Darkness into Light walk is set to be the

people have... vices, with some 5,000 of these seeking help this year.

Online registration and further details of Darkness into Light walks both locally and across the world are available now at www.darknessintolight.ie. Alternatively, call 061-484444 for information.

Insight into faith of 1916 leaders

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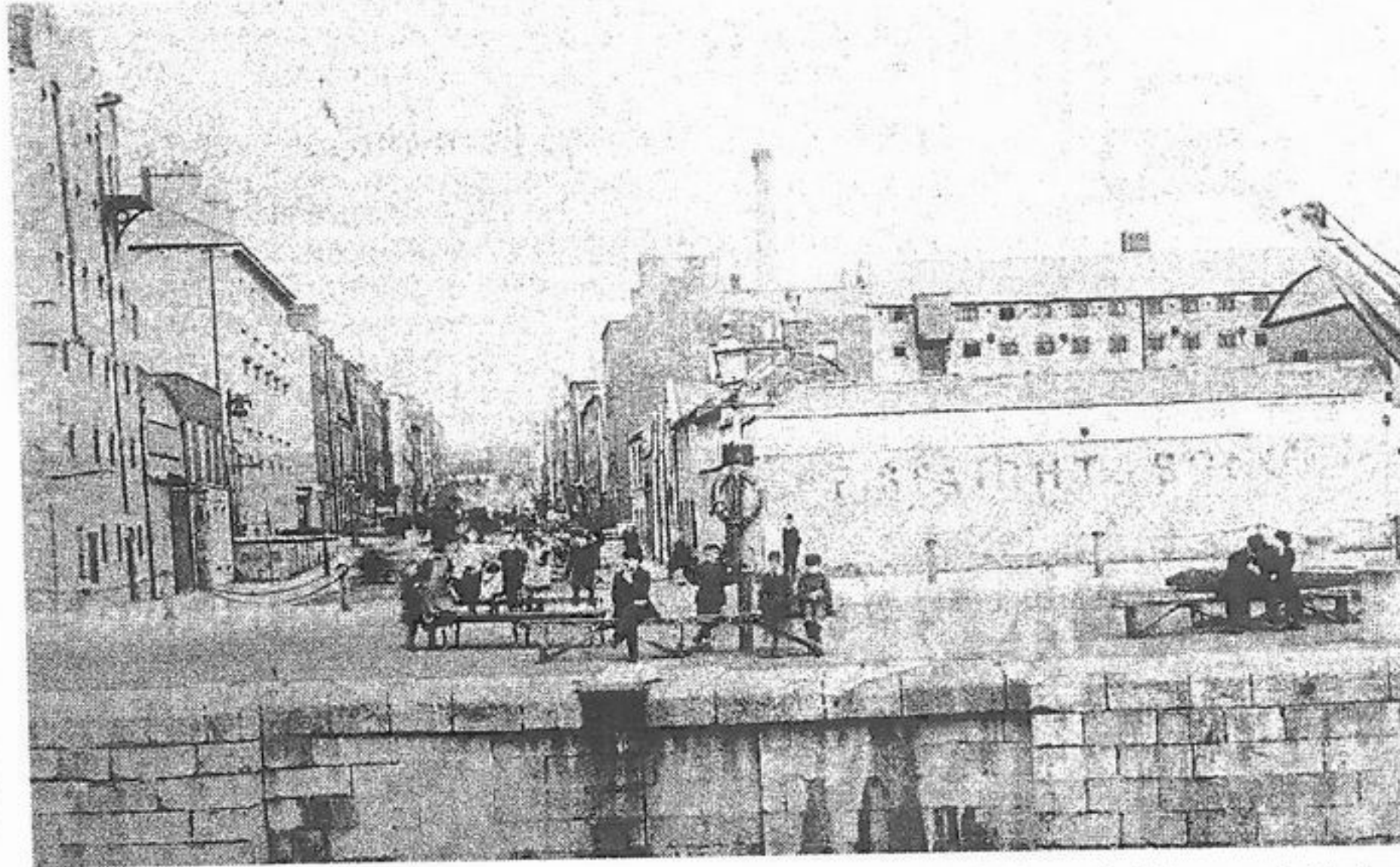
THE Bishop of Limerick has this week launched a new book examining the "faith profiles" of the leaders of the 1916 Rising.

The book, which was initiated by Brendan Leahy himself, has been produced by the Limerick Diocese and was launched in Dublin this Wednesday, with a separate Limerick launch to take place next week.

The End of All Things Earthly comprises "short yet detailed faith profiles" of the leaders of the 1916 Rising, from Roger Casement to Patrick Pearse and Limerick's own Con Colbert and Edward Daly.

The 95-page book also offers a glimpse at the general faith interaction of leaders, including in the final moments before their execution and was produced by the Diocese to mark the centenary of 1916.

It was launched in Dublin's Capuchin Friary, a venue specifically chosen to reflect the order's central role in the negotiation of peace in



Spaights on Bedford Row, backing onto Poor Man's Kilkee, where Ned Daly worked for a period before joining the rebellion and ultimately facing death. The image is contained in the book

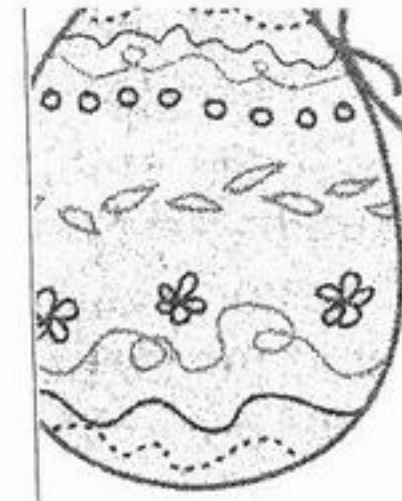
1916 and with clergy there also having ministered to the leaders before their execution.

"The question of how faith and armed rebellion can be compatible has exercised much conversation from the

time of the rising to, indeed, the present day. However, the book does not seek to adjudicate on this but, instead, merely give a sense of what faith meant to the Leaders," said Bishop Leahy.

The book is edited by Lim-

erick Diocesan archivist David Bracken and will be launched next Tuesday at 6.30pm in MIC. Mr Bracken said it was "focussed, in particular, on the spirituality of some of the (leaders) and has, of course, a strong Limerick aspect to it".



HOTEL

★★★★

Happy Easter

EASTER SUNDAY 27

4 COURSE MEAL INCL
CHOCOLATE DESSERT

Awesome Ea
Egg Hunt



EX LIMERICK LEADER
12TH MARCH 2016
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